

# minimalist packing

for a week at the beach

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THE REFINERY

## On the plane:

- 1 spring jacket (preferably waterproof)
  - 1 layer piece
  - 1 tank top
  - 1 long pants
  - 1 pashmina scarf
- 1 comfortable (& stylish) walking shoe
  - 1 pair sunglasses
- 1 tote bag suitable for carryon + beach

## In Your Case:

- 1 short
- 1 skirt
- 6 shirts
- 2 dresses
- 2 swimsuits
- 1 beach cover up
- 1 beach shoe
- 1 evening shoe
  - 1 sun hat
- 5 favourite accessories
  - undergarments

## Toiletries:

- shampoo + conditioner
- face wash + face cream
  - sunscreen
- toothbrush + toothpaste
- comb + hair elastics + bobby pins
  - makeup
  - lip chap
  - Tylenol
  - cotton swabs
- feminine hygiene products
- contact lens case + solution
  - razor

## Extras to consider:

- clothes for special activities/outings
  - activewear
- an extra swimsuit if you swim a lot

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